

SO HAM

*I AM not the body.
I AM not the emotion.
I AM not the thought.
I AM not the mind.
The mind is only a
subtle instrument of the Soul.
I AM the Soul.*

*I AM a spiritual being of Divine Intelligence,
Divine Love, Divine Power.
I AM one with my Higher Soul:
I AM THAT I AM.
I AM one with the Divine Spark within me.
I AM a Child of God.
I AM connected with God.
I AM one with God.
I AM one with All.*

Grand Master Choa Kok Sui