



# Arhatic Prana

Volume 3: No. 04, April 2010

## Pranic Healing

Manifest your greatness

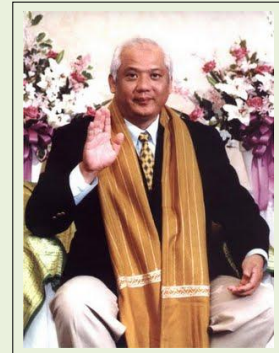


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Atma Namaste! First quarter of the year has just gone by and it is time to sit back for a while and reflect on what have we achieved so far in this year against what we planned. All of us started with some goals in mind – personal goals, professional goals, spiritual goals. So, are we on track? Do we need to change our strategy? What will it take from now on to reach our target? It is never too late to re-plan, re-strategize, re-formulate the plans. All we need is emotional commitment, constancy of aim and effort and guidance of the Guru. So without any more seconds lost, let's look back and regain the control on our plans and achieve everything we set out for.

May you be always guided on the right path, may the "light" be always be with you and your families! So Be It!



### The Laws of Higher Life

by Annie Besant

### Upcoming events

...Let us then try to understand what we mean by the term "Law". I have found over and over again a confusion of thought on this question of what is meant by "Law", and this lands the student in many perplexities and confusions.

Further, when we study the penalties attached to laws in different countries, the punishments for one and the same breach of the command, we find that they are as arbitrary and changing as the laws themselves. They are not the results, in any sense, of the act which has broken the law. But the penalty in every case is artificially attached to the breaking of the law, and it can be changed at any time. For instance, a man steals; one nation will punish that act with the gaol, another with the whip, another with the knife that cuts off the offending hand; another with the rope that ends the life. In every case; the penalty attached has nothing in common with the offence.

Please check with Foundation for details of the programs and exact dates

When we speak of the law of the land you know very well what is meant thereby. The law of the land is an ever-changing thing, changing with the change of ideas in the authority that makes the law, whether that authority comes from the mouth of an autocratic Monarch, or from the voice of a Legislative Assembly, [4] whether it is proclaimed in the name of the Sovereign; or of the community in which the law has to act and rule. A law is always a thing which is made, a command issued, and the authority that makes the law can change the law, the authority that creates it can annul it also. Nor is this the only thing that we may observe about the law of the land. The laws are commands: "Do this", "Do not do that"; and the commands are enforced by penalty. If you break such and such a command, such and such a punishment will follow.

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Contd on page 3...

### Last Month's Highlights:

### The Three Great Truths

by CW Leadbeater

In one of our earliest Theosophical books it was written that there are three truths which are absolute and cannot be lost, but yet may remain silent for lack of speech. They are as great as life itself, and yet as simple as the simplest mind of man. I can hardly do better than paraphrase these for the greatest of my general principles. I will then give some corollaries which follow naturally from them, and then, thirdly, some of the more prominent of the advantageous results which necessarily attend this definite knowledge. Having thus outlined the scheme in tabular form, I will take it up point by point, and endeavour to offer such elementary explanations as come within the scope of this little introductory book.

*heard, nor seen, nor touched, yet is perceived by the man who desires perception.*

*Man is immortal, and his future is one whose glory and splendor have no limit.*

*A Divine law of absolute justice rules the world, so that each man is in truth his own judge, the dispenser of glory or gloom to himself, the decreer of his life, his reward, his punishment.*

To each of these great truths are attached certain others, subsidiary and explanatory.

From the first of them it follows:-

*God exists, and He is good. He is the great life-giver who dwells within us and without us, is undying and eternally beneficent. He is not*

Contd on page 4...

- ~ 6th - 7th Mar - "The Higher Clairvoyance" workshop by Ma Charlotte Anderson. Eligibility – Arhatic Yoga Level 1&2
- ~ Advanced Pranic Healing and Pranic Psychotherapy\*
- ~ 13th, 14th Mar - Basic Pranic Healing Course at AP Foundation, Ameerpet
- ~ 20th, 21st, Mar - Basic Pranic Healing Course at Hyderabad
- ~ 27th, 28th Mar - Basic Pranic Healing Course at Hyderabad
- ~ 18<sup>th</sup> – 21<sup>st</sup> Mar – International Instructor's Leadership Conference, Kolkata



# Arhatic Prana

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## Master Says:

*Improper Thought* comes from an *Improper Viewpoint*. Wrong speech is a manifestation of a wrong viewpoint. If a person does not view things accurately, there will be suffering.

## Frequently Asked Questions:

**Q:** What are the reasons for immediate recurrence of pain or symptoms?

**A:** - Localized sweeping was not applied and energizing was not done sufficiently.

- Gen. sweeping was not applied on the patient who has holes in the outer aura; therefore, prana continues to leak out

- The projected prana was not stabilized causing it to simply escape or leak out of the body

- A disposal unit was not used, and thus, the diseased energy is still connected to the patient's energy body. If the patient is not sufficiently energized, it may cause the diseased energy to be drawn back

- The healer is too attached or too anxious with the result. Because of this, the projected prana was not released or only partially released and it returned to the healer.

- The patient is suffering from a severe type of disease that consumes prana at a very fast rate and the prana projected was not sufficient. The patient, therefore, should be treated more frequently.

## Do You Know/Tip:

Pranic Breathing helps detoxification of the body. When done properly, it moves the diaphragm, which in turn moves the lymph in the body. Lymphatic system has the function of removing toxins from the blood and body.

## Arhatic Yoga, contd. from last issue...

Arhatic Yoga is very safe and systematic path. The instructions are safe and systematic. Safe as long as you follows the Satguru's instructions. Arhatic Yoga is the Synthesis of many yoga systems. It has steps to be taken towards becoming an Arhat. Arhatic Yogis are themselves greater instruments of anchoring the divine energies. Arhat is a still greater instrument. The area which has more practising Arhatic yogis, is blessed with prosperity, peace and happiness.

Each step in Arhatic yoga is more powerful than the previous and leads to the goal of becoming an Arhat faster. So it is also important to have the foundation very strong to withstand the rigour of future steps. When moving at bullock cart speed even big pot holes and stones don't matter much. But when one moves in cycles it matters, when moving on a motorcycle at 40kmph it starts to show. When moving in a very fast car, the road has to be smooth otherwise even a small stone will overturn the car. In the same way even a little pride or any other defect in character will overturn the yogi. So as we proceed further in Arhatic yoga, one has to cleanse the self of more of these character defects.

## Healing Steps for Asthma

1. The outer, health and inner auras of the patient are sometimes quite grey. General sweeping 2-3 times
2. Thorough sweeping & energizing on throat and sec. throat chakras, with emphasis on energizing since these chakras are usually depleted in case of Asthma.
3. Thorough sweeping on lungs (front, side, back) and sweeping & energizing on back heart chakra to energize and strengthen the lungs
4. Localized sweeping on liver (front, side, back). Sweeping and energizing on F&B Solar Plexus. Treating these will gradually improve the quality of blood produced since liver detoxifies the blood
5. Sweep and energize Ajna and Basic chakras
6. Localized cleaning of entire legs. Sweeping and energizing sole minor chakras. Simultaneously visualize white light going inside bones of legs. Similarly for entire arms, palm minor chakras and bones of the arms.
7. After energizing, be sure to stabilize the projected energy
8. Apply entire treatment thrice a week until patient is cured. In general, treatment may take 2-3 months

## Experiences with Pranic Healing

Mohanji has carried out healings since October 2009 for my mother, Mrs Bhaswati Ghosh, who suffered from great neuralgic pain to her head, eye, tongue and inner ears. These were later diagnosed to be related to cancer that had spread to various parts of the body.

Due to Mohanji's healings done on her daily, sometimes multiple times a day, my mother's life was prolonged to the 7th of March 2010. The healings provided helped ease my mum's symptoms on a daily basis. Mohanji was compassionate and hugely responsive in providing the healings as immediately as they were required and requested, whenever my mother was in extreme pain, putting priority on her care and well-being at the top of his priority. We as a family were very much reliant on him to provide us with this level of support.

I have no doubt in my mind that without these healings my mum would have passed from this world and life much much earlier, and would have missed out on experiencing the invaluable love, dedication and support of her son and husband for the last three months of her life. This is something she very much needed in order to be in peace and feel that she was/is very loved and cherished by her family, before leaving her body on the 7th of March 2010.

I would have no hesitation in recommending Mohanji for healings as he is an excellent healer and very very powerful. No matter how big or small the problem, Mohanji's ability to call upon Divine Energy to spread and shed positivity and healings on all and any levels. He is my family's healer and will remain so for the future.

~Rita Ghosh

## Excerpt from Miracles Through Pranic Healing

### Scanning with the fingers

In scanning a patient, you do not have to scan the outer and health auras. You were taught how to scan these auras in order to prove to yourself their existence. What is important is scanning the inner aura of the patient. In scanning the inner aura, it is important to feel the general energy level or the general thickness of the inner aura of the patient. The general energy level will be used as a reference point or standard in comparing the conditions of some of the major chakras and vital organs. The accuracy of scanning will be affected if that area is scanned for too long because the scanned area will become partially energized.



# Abrant Drana

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## The Laws of Higher Life, contd from page 1

They are not the results, in any sense, of the act which has broken the law. But the penalty in every case is artificially attached to the breaking of the law, and it can be changed at any time. For instance, a man steals; one nation will punish that act with the gaol, another with the whip, another with the knife that cuts off the offending hand; another with the rope that ends the life. In every case; the penalty attached has nothing in common with the offence.

But when we speak of the Laws of Nature, we do not mean any one of the things that we have taken as [5] characteristic of the laws of man. The Law of Nature is not a command issued by any authority. It is a statement of the conditions under which a certain thing invariably happens; not a command, but a statement of conditions. Wherever those conditions are found, there will follow a certain event; it is the declaration of a sequence, a succession, unchanging, immutable, irrevocable, because these laws are expressions of the Divine Nature, in which there is no change, nor shadow of turning, The Law of Nature is not a command: "Do this", "Do not do that". It is a statement: "If such and such conditions are present, such and such results will happen"; if the conditions change, the results will change with them.

Nor is there any arbitrary penalty attached to the Law of Nature. Nature does not punish. You have in Nature the statement of the conditions, the sequence of happening, and nothing more. Given such a condition, such and such will follow; the result is an inevitable sequence or succession, it is not an arbitrary infliction or punishment.

But the contrast of the Law of Nature and the Law of man may be carried further. The Law of man can be broken, but no Law of Nature can be broken. Nature knows no violation of her Laws. You may [6] break the Law of man; you cannot break the Law of Nature. The Law remains the same whatever you may do. You may break yourself to pieces against it, but the Law will remain unchanged; you may shatter and shiver yourself against it, but the Law remains firm as a rock, against which the billows break themselves. They are unable to shake it or move it by a hair's-breadth; they can only fall into shattered foam at its base.

Such is the Law of Nature - a statement of conditions, of invariable sequences, of inviolable, unbreakable happenings; such is the Law. Thus must you think of it, when you come to deal with the higher as with the lower life.

Then there comes to you a sense of perfect security, of infinite power, of unbounded possibilities. You are not in a region of arbitrary whims, where one day this may follow, another day that. You can work with absolute certainty of results. Your own fancies will not change the Law; your ever-changing emotions will not touch

the Eternal Will; you can work with a confidence of result, for you are resting on the Reality, the one Reality which is the one Law in the Universe.

But there is something wanted to work in peace and security in a realm of Law - the thing that is wanted is Knowledge.

The laws which, so long as we are ignorant of them, may toss us from place to place, may break our plans, may frustrate our endeavours, may bring our hopes to ruin, may lay us level with the dust - those same laws, which treat us thus while we are ignorant, become our servants, our helpers, and our uplifters, when knowledge has replaced ignorance. How often have I quoted in this land, as well as in others, those pregnant and significant words, spoken by an English scientist - words that ought to be engraven in letters of gold - "Nature is conquered by obedience"!

Know the Law, obey it, work with it, and it lifts you up with its infinite strength, and carries you to the goal that you desire to reach. The Law which is a danger when not known becomes a saviour when known and understood. See how physical Nature has taught you more and more, through the years that lie behind us, this wonderful fact. You see the lightning blaze from the stormy sky, and it flashes down, strikes a turret or a tower, and behold! they fall in ruins, destroyed by the uncurbed and unbridled flash of fire. How dangerous, how terrific, how mysterious! How shall poor man face the fire of the skies? But man has now learned to harness the same fire to his service; he has yoked it by the yoke of knowledge. And behold, the [8] same force now carries his messages over seas and lands, and joins the father to the son who has traveled thousands of miles away, in the loving bond of sympathy and communication; the lightning that destroyed becomes the electric fluid that gives hope and life to the anxious parent, and carries messages of love and goodwill over land and sea. Nature is conquered and her forces are our servants, when we learn to work in her way.

So with all other forces, above and below; so in every field of the universe, visible and invisible. You must know the Laws of the Higher Life, if you would live it. Know them, and they will carry you onward to your goal; be ignorant of them, and your efforts will be frustrated and all your endeavours will be as though they had not been.

~ Excerpt from "The Laws of Higher Life" by Annie Besant (*Lectures delivered at an Annual Convention of the Indian Section of the Theosophical Society, held at Varanasi (Benares)*)



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# Arant Drana

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“In spite of  
appearance, all  
things are  
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## *The Three Great Truths, contd from page 1*

That, in spite of appearance, all things are definitely and intelligently moving together for good; that all circumstances, however untoward they may seem, are in reality exactly what are needed; that everything around us tends, not to hinder us, but to help us, if it is only understood.

That since the whole scheme thus tends to man's benefit; clearly it is his duty to learn to understand it.

That when he thus understands it, it is also his duty intelligently to co-operate in this scheme.

From the second great truth it follows:-

That the true man is a soul, and that this body is only an appendage.

That he must therefore, regard everything from the standpoint of the soul, and that in every case when an internal struggle takes place he must realise his identity with the higher and not with the lower.

That what we commonly call his life is only one day in his true and larger life.

That death is a matter of far less importance than is usually supposed, since it is by no means the end of life, but merely the passage from one stage of it to another. That man has an immense evolution behind him, the study of which is most

fascinating, interesting and instructive.

That he has also a splendid evolution before him, the study of which will be even more fascinating and instructive.

That there is an absolute certainty of final attainment for every human soul, no matter how far he may have seemed to have strayed from the path of evolution.

From the third great truth it follows:-

That every thought, word, or action produces its definite result – not a reward or a punishment imposed from without, but a result inherent in the action itself, definitely connected with it in the relation of cause and effect, these being really but two inseparable parts of one whole.

That it is both the duty and interest of man to study this divine law closely, so that he will be able to adapt himself to it and to use it, as we use other great laws of nature.

That it is necessary for man to attain perfect control over himself, so that he may guide his life intelligently in accordance with this law.

~ Excerpt from “An Outline of Theosophy” by CW Leadbeater