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Master Choa Kok Sui

Grand Master Choa Kok Sui (GMCKS) was physically born 15th August 1952. (The same day 5 years after India got independence☺). He had many brothers and sisters. His parents owned several businesses. They were hard working, kind and generous. His father was Protestant and thirty-second-degree Freemason. His mother was Buddhist and devotee of Buddha Kuan Yin (Buddha of Compassion). His mother's friend was a Taoist, who was kind hearted and helped others by volunteering his services in a big Taoist Temple.

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Crystal Healing

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Editorial

There are several events of Pranic Healing happening all over the world in this auspicious month of August when Grand Master Choa Kok Sui was born. So many healing camps, lectures, classes, retreats are being conducted just before, during and just after his birthday, which falls on 15th of Aug.

August month brings joy and happiness as we celebrate the birthday of our beloved Grand Master Choa Kok Sui. This is every Pranic Healer's and Arhatic Yogis' own Wesak Festival. This is every Pranic Healer's and Arhatic Yogis' Asala Festival.

After a gap of almost 6 years, Arhatic Retreat is being organized in Hyderabad from 13th to 17th August, which gives a unique opportunity to all Arhatic Yogis to meditate together. We will also celebrate Master's birthday on 15th August. Be a part of it to savor the blissful energies.

May the Higher Energies of the Divine pass through all the higher beings and through Grand Master Choa Kok Sui to every person and every sentient being!

May the Love, Light, and Power manifest Heaven on Earth.

May the "Light" always shine on you and your loved ones!!! May your life be filled with grace of God, Guru and all the Great Ones. So Be It!

Grand Master Choa Kok Sui

A short biography

Grand Master Choa Kok Sui (GMCKS) was physically born 15th August 1952. (The same day 5 years after India got independence©). He had many brothers and sisters. His parents owned several businesses. They were hard working, kind and generous. His father was Protestant and thirty-second-degree freemason. His mother was Buddhist and devotee of Buddha Kuan Yin (Buddha of Compassion). His mother's friend was a Taoist, who was kind hearted and helped others by volunteering his services in a big Taoist Temple.

A Filipino of Chinese descent holding a degree in chemical engineering, and a successful businessman, Master Choa Kok Sui is the human manifestation of our present day desire for profound personal and spiritual transformation from an old unacceptable life to a new exciting future. He zealously projects the principles of pranic healing, arhatic yoga, clairvoyance and other esoteric spiritual teachings into the larger social context of healing the environment and the society.

MCKS studied in Roman Catholic schools up to the university level. At a young age, he went into the spiritual path. He graduated with a bachelor's degree in chemical engineering. Several of his brothers own businesses. MCKS partially followed the family tradition by also going into business. Later MCKS just naturally shifted his focus more toward His Spiritual Mission.

Master Choa Kok Sui, at a very young age of about 12 years old was very interested in paranormal and spiritual subjects. For many years, he studies yoga, psychic phenomena, mysticism, Chinese chi kung (art of generating internal power), Rosicrucian Teachings, - Ancient Mystical Order of Rosae Crucis AMORC), Theosophy, Astra Lessons, Arcane School Teachings and other esoteric sciences.

While MCKS was thirteen years old, he spent one whole year doing inner purification or character building. Developing virtues and eradicating weaknesses are very important for aspirant and disciples who are treading the spiritual path. He also practiced Hatha Yoga, pranayama and Simple Meditation. During these years, MCKS learnt through direct experience, different methods on how the soul leaves the body either when the body is sleep or when the person is meditating.

Young Choa Kok Sui was quite thrifty, even though his family was wealthy, he refused to use air conditioner, had only few pairs of pants and would wear them till they became

worn out. He didn't want to waste money and lived a simple life. When he asked money from his parents it would be for buying books or for lessons from esoteric schools.

Because of his strong interest, he spent more than 18 years researching and studying books and literature on esoteric sciences. He also make close associations with yogis, healers, clairvoyants, practitioners of Chinese chi kung and a few extraordinary persons who are in telepathic contact with their spiritual Gurus. MCKS and his clairvoyant friends spent several years experimenting to determine the effectiveness and the mechanisms of the healing techniques commonly known and used by healers and students of esoteric sciences.

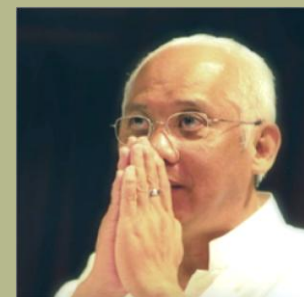
His relentless search for the spiritual truths beyond the accepted plane of reality has benefited thousands of people from all over the world. Master Choa Kok Sui is also an author and an international lecturer whose works have been published in over 25 languages and is widely read across 30 countries.

All of his books deal with both basic and advanced course patterns on Pranic Healing. While the basic treatments include recovering techniques from simple ailments, the advanced course deals with the use of color prana for the treatment of severe ailments. Alongside, his Pranic Psychotherapy course concerns the treatment of psychological and psychiatric ailments using advanced Pranic Healing techniques.

To popularize teaching, Master Sui has founded two leading non-profit Pranic Healing centers, World Pranic Healing Foundation, Inc, and Institute for Inner Studies. Both located at Philippines, the former has been aimed to spread the master's teaching across the progressive countries like Southeast Asia, Eastern Europe, India, Africa and South America. Likewise, the later intends to popularize the ancient science and art of healing in the USA and the other industrial countries of the west.

Before entering into the profession of healing, Master Choa was a chemical engineer and was based in Manila, Philippines.

However, continuous effort of hard labor and dedication has established him as one of the frontier healers of the contemporary world.



Frequent Asked Questions

Q: What is Wesak Festival?

A: Wesak Festival is a year event when Buddha re-appears in the physical form in the valley of Wesak bringing along with him higher divine energies and steps it down to for the benefit of Humanity. This is the day when he was born, attained buddhahood, and when he left

Q: What is Asala Festival?

A: Asala Festival happens once in 7 years in the Shamballa region. This is conducted and lead by the Lord of World -Lord Sanat Kumara.

Q: How powerful is Pranic Crystal Healing?

A: Advanced Pranic Healing will use ½ the time spent in basic Pranic healing keep all factors the same. Crystal healing will be ½ to ¼ the time spent in Advanced Pranic healing.

Q: Can we heal if we can't scan?

A: We can heal even though we might not be able to scan. The other Six Basic Pranic techniques are enough to heal. But if you know to scan, you can do a better job.

Q: What do I do if I don't have a salt bowl with me and I have to heal someone?

A: You can create a green or orange color fire ball and flick the dirty energy into the fire ball. Refer to the Basic Pranic healing book on how to create the fire ball as well as how you should

A popular message that he always addresses to the mankind— if I can learn to heal, you also can learn to heal! Anyone can apply these simple techniques.

Master Choa also conducts workshops and teaches various advanced forms of meditation. Moreover, all words fall short on him, when compared to his contributions for the service of humanity with the others.

At a very young age he became interested in yoga, psychic phenomena, mysticism, Chinese ki kung and other esoteric studies. During his development as GrandMaster he received a degree in engineering and became a successful businessman. He has spent more than eighteen years researching and studying esoteric sciences that have resulted in the Pranic Healing System teachings. Along with committed participants he spent several years experimenting to determine the effectiveness and the mechanism of the healing techniques commonly known and used by healers and students of esoteric sciences. He can often be heard saying in answer to a question about a technique or modality "Let's experiment". In every course he teaches there is always experiential segments to ensure that the students are clear about the technique and demonstrates experiments along with many anecdotal stories. He is not a clairvoyant nor was he born with any healing ability, but he is very open minded and has read extensively the old master's teachings.

He has taught thousands worldwide how to effectively heal themselves and others. The courses he has designed are extremely simple and yet very very effective. Because of this simplicity Pranic Healing can be utilized by students as solely a healing modality or can be a way of life. Many of his students continue into advanced courses as they realize that his techniques are accessible, easily understood and extremely powerful and have affected tremendous positive changes in their lives.

Grand Master Choa Kok Sui has promoted the learning of Pranic Healing by lecturing and passing along these techniques to students worldwide. Over the past several years he has written Miracles through Pranic Healing, Advanced Pranic Healing, Pranic Crystal Healing, Pranic Psychotherapy, and most recently Pranic Psychic Self Defense. He spends the majority of his time traveling and teaching all over the world. Two times a year he visits the West Coast to hold classes and during one of those visits he offers a course called "Soul Realization" which is available to the general public.

A spiritual giant of the 20th and 21st centuries, Grand Master Choa Kok Sui is of Chinese descent and resides in the Philippines. The many facets of his life and work are listed below:

Grand Master Choa Kok Sui is the internationally acclaimed author of the book, Miracles Through Pranic Healing (4th Edition).

Originally published in 1987 as The Ancient Science and Art of Pranic Healing, Master Choa conceptualized a fresh and far deeper understanding of energy healing, using the readily available source of all life - Prana, called Pranic Energy or Vital Life Force. This book has been translated into over 27 languages, and is distributed in more than 60 countries, including many locations in Asia, Africa, Australia, Central and South America, Europe, Canada and the USA.

A prolific author, Master Choa Kok Sui has written more than 20 books. Master Choa's style in presenting paranormal concepts and in unveiling inner (normally hidden) spiritual teachings, is simple, straightforward, and practical. His latest works, the Universal and Kabbalistic Meditation on the Lord's Prayer, is a clear example of his brilliant ability to synthesize and connect major spiritual concepts that have generally remained separated by tradition and practice. In this work, he combines the spiritual concepts of the Biblical Lord's Prayer, with the Kabbalistic Tree of Life, relating these two seemingly unrelated doctrines, with the ancient Indian tradition of the Chakras and Prana or Energy. Master Choa's most recent books are titled The Spiritual Essence Of Man, which was released in August 2003 as well as The Origins of Pranic Healing & Arhatic Yoga, and The Existence of God is Self Evident, both released in 2007.



Our Holy Grand Master Choa Kok Sui

Crystal Healing

Different Sources

A method of healing with the use of crystals placed on or around the body is called Crystal Healing. Since the earliest times, crystals have been used to heal and restore balance. They help in releasing and clearing negative energy, thereby assisting in energy healing.

The earliest records of crystal healing have been traced in Ancient Egypt. India's Ayurvedic records and traditional Chinese medicine also claim healing with the use of crystals, dating back to 5000 years ago.

What are Crystals?

Crystals are nature's gift to man that augment healing. Crystals are found in all shapes, sizes, colors and composition. Each crystal has a unique vibrational resonance. They owe their unique qualities to their mineral content, their inherent geometry and the color frequency they emit.

Crystals and the Human Body

The human body has a complex electromagnetic system, also known as a vibrational energy system. Nature has created crystals to be perfect electromagnetic conductors, capable of interacting with our electromagnetic system. Crystals have been found to carry vibration that activates certain energy centers within our electromagnetic system, thus having a positive effect on our entire body systems.

Crystals and Chakras

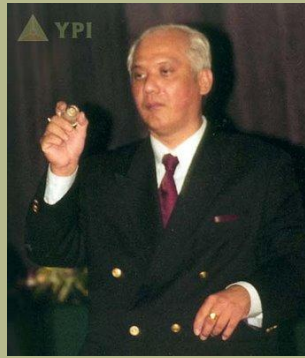
Chakras are the spinning wheels of conscious energy. There are 7 major chakras and 50 minor chakras.

Chakras absorb the life energy or Prana. Thus any blockage or disruption in the flow of this natural energy affects a person on all 3 levels – physical, mental and spiritual.

Prana has Healing qualities. As more Prana or life force is absorbed by the body through the chakras it keeps a person balanced and healthy.

In Crystal Healing, crystals must be placed on the chakra points. Crystals of various colors help in the healing process by creating certain tranquil emotions and altering the state of mind.

The colors of the crystals are associated with the various chakra centers in the body. Each chakra has a color and if crystals of the same color are placed on the associated center, it affects that area of the body. When crystals are placed at corresponding chakra point, they cleanse and energize the chakra. This helps in healing and harmonizing energy.



Effects of Crystal Therapy

Crystal therapy aims to restore the balance and well being of a person. In this therapy assorted stones are placed on or around the body that resonate with chakras of the body. This helps to release impending blockages, refining the flow of energy. The recipient is able to experience a deep state of tranquility, letting go of attitudes and habits that are not beneficial, assisting in tuning ourselves to the rhythm of life. Crystals work on the subtle energy levels and in our auras to rebalance energies and improve our well-being. This therapy promotes peace and tranquility and reduces mental and nervous stress.

Use of Crystals

Crystals and Minerals have been used to facilitate healing and spiritual growth. Crystals can be placed on the specific points of the body to bring relief or can be swept over the body. Crystals can also be carried or one can wear them. Crystals must always be cleansed before use as they can carry negative vibrations too. They can be cleansed by running water over them. Alternatively, they can be placed in the sunlight or moonlight. Moonlight is a powerful cleanser. Vibrations of a pure sound like that of a bell or gong can also energetically cleanse a crystal.

Quartz Crystal

This crystal is one of the most useful crystals that nature has bestowed:

- It helps to clear away negativity from the human aura by transmitting life force throughout the human energy system.

MASTER SAYS -

In a Crisis, Be Calm.

Do not freak out! Think, what is the worst thing that can happen? If the possible consequence is of minimal significance, then have a cup of coffee and enjoy Life !!

GMCKS

Do You Know?

Golden Prana is more viscous than Electric Violet. If you think the subject is unable to retain EV for a longer time in a particular part of his body, you can use Golden Prana and remember to stabilize it.

- It brings about healing and balance.
- It transforms, focuses, amplifies, transmits and stores subtle energies like electricity.
- It increases nutrition as clear quartz amplifies right brain function, positively influencing intuitive perception.
- It has the ability to transform an imbalanced energy field and revitalize a person.
- It helps in meditation and healing practices as it helps to focus the thoughts and receive energy.
- It is an ideal transmitter and amplifier of color in healing.



Excerpts from Miracles through Pranic Healing

Integrated Approach to Self Healing

1. Drink energized water or water that has been exposed to the sun.
2. Rest and recuperate under a big, healthy tree, preferably pine tree, to absorb excess Prana from it and the ground. If possible, embrace the tree. This has very beneficial effects. It is advisable to change trees regularly because they may get sick or die in the long run because of absorption of too much diseased energy from the patient.



Upcoming Events

~ 5th – 7th August – Arhatic Prep I & II

~ 13th – 15th August – General Arhatic Retreat at Sri Satya Sai Nigamagama

~ 16th – 17th August – Senior Arhatic Retreat at Sri Satya Sai Nigamagama

~ 20th – 21st August – Basic Pranic Healing at Foundation, Ameerpet

~26-28th August – Advanced Pranic Healing at Foundation Ameerpet

Experiences with Pranic Healing

Patient cured of Jaundice after One Night of Constant Twin Hearts Meditation - By Father Anthony

My name is Anthony and I work as a chaplain in a hospital dedicated to the care of advanced cancer patients in New York City. One of my patients, JS, is in his mid-forties and has been an inpatient for almost four months. JS has talked to me a lot about the emotional pain in his family history and about the people who have hurt him a lot in his life. Since JS has been more open than most about spirituality and different modes of healing, I decided to share with him the Meditation on Twin Hearts with an emphasis on blessing and forgiving those who had hurt him during his life. I led him through the meditation and he was extremely moved and affected by it. I made sure he remembered the important steps and told him to keep doing the meditation, even during the night if he could not sleep. On this particular day, JS had taken a severe turn for the worse and his blood chemistry was becoming toxic, his liver was barely working, and he had turned a pronounced yellow-jaundiced color.

The following day I was off and my phone rang at home. It was Sr. Donna, one of my chaplain colleagues at the hospital. She blurted out, "Anthony! What did you do with JS?" I asked her what had happened and she said, "Yesterday, he looked like he was about to die, he was all yellow. This morning, I went in to give him Communion and overnight his skin has turned pinky-white again and he looks great!"

I told Sr Donna that Joe had learned the Meditation on Twin Hearts. She understood right away, because I had taught it to her two months earlier and she had felt the power of it. JS continues to be a patient of mine to this day, and has gone on to experience major reconciliations with his immediate family. He has even become well enough again to invite me to share an ordered-in Italian dinner with him in his room! His doctor whispered to me one day last week that JS is breaking all medical expectations by living so long despite his condition.

I never doubted the power of the Twin Hearts Meditation, but this incident reinforced how powerful it can be to a receptive person.

Psychologist credits Twin Hearts for stopping intense bleeding

In May of 1999 I got to know Pranic Healing and Meditation on Twin Hearts & Self Pranic Healing Meditation CD. When preparing the "baggage with self belongings" to be carried to the Hospital for a surgery on 26 June 1999, I included a CD player and the MTH CD and SH.

During the surgery I presented intense bleeding that worried the surgical team. I remained under observation and was informed that I might require a second surgery anytime. I asked my daughter, who is a surgeon and helped in the surgery, that she put the Meditation CD on, so that I could listen to it. I had listened to it several times during the afternoon, night and even during my sleeping!

In the morning the Doctor (chief surgeon) noted that the bleeding was under control. I was discharged from the hospital on the same morning. I credit my extraordinary recuperation to the passive listening of the meditation.

After that, my daughter, started to practice the Meditation with me. Day by day other people are coming and are being introduced to the two Meditations every day; One in the morning at 7:00 A.M. and the other in the night at 9:00 P.M. from Monday to Friday.

Australian Woman Saves Business from Bankruptcy

Mrs P, had just completed the Basic Pranic Healing course when she learned that the family business owned by her husband and his relatives was in dire trouble and that all of them would lose their homes. Mrs P decided to use her newly acquired skills to attempt to rescue them from the threatened bankruptcy. She did the Twin Hearts meditation and started cleansing and energizing the business. During this period she also completed the Advanced and Psychotherapy courses and used these techniques. Within one month, the family business was bought by an unexpected buyer and the family did not lose their homes.

Earnings should be spent wisely

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It is good to be enthusiastic about productivity. It increases your motivation and energy to work hard to achieve something. It opens the doors of progress and gives you joy of success. When you have nothing to do, it makes you frustrated. This feeling of being useless can be as dangerous as the feeling of being handicapped in case of paralysis.

Although it is important to work hard to be successful in life, it is equally necessary to evaluate your achievements and think about how to make the best use of them. If you do not have the righteous intellect to decide this, your energy and enthusiasm to "Earn more" will be spent in accumulating the unnecessary stuff. It will certainly give you the comfort of "Accumulating More", but in lack of wise use of it, the accumulated wealth may go waste or it may create dangerous consequences.

It is very important to make sure that your accomplishments are not just sitting or accumulating or they are not being wasted or being misused. If you feel that is the case then, you must immediately take actions to stop it.

Earning and spending, both are equally important. Both are interrelated. One is incomplete without the other. That is why, with the ambition of making more money and making progress, you must awaken the righteous wisdom, of how to use the available resources. If you try to accumulate milk in a sieve, the hard work you did to get success will give you nothing but tiredness and disappointment.



Principle of Moderation

- Master the habit of spending wisely
- Practise the power of saving and investing intelligently

*"Keep Healthy and Wealthy"
Have a peaceful, disciplined, spiritual and balanced life.
Enjoy every moment of living.*

Grand Master Choa Kok Sui



MCKS Food For the Hungry Foundation - inspired by Master Choa Kok Sui's vision of a hunger-and-poverty free world

The Programs:

- **Hunger Program:** Feeding the hungry mouth every day for one year - **Rs. 3650/-**
- **Education Program:** Sponsor expenditure for one student for one year - **Rs. 10000/-**
- **Health Program:** Contribute to the health fund to provide health assistance to those in need - **Rs. 3000/-**
- **Livelihood Program:** Sponsor Vocational Training program for one person - **Rs. 2000/-**
- Any other contribution amount...

Cash/DD/Cheques to be issued in favor of: MCKS Food For the Hungry Foundation, A.P.

All donations are **exempt from I.T. u/s 80-G** of the Income Tax

Visit our website (apranichealing.org) for multitude of features:

- **Request Healing:** Upload case history, pictures etc of the patient online and request for healing.
- **Request Blessings:** If someone needs special blessings, put the details on the site and he/she will be blessed daily by our listed pranich healers
- **Share experiences and articles:** Share your experiences related to pranich healing and your articles online
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